



START THE NEW YEAR WITH A CHALLENGE

SIGN UP TO THE BELFAST MARATHON AND RUN FOR MACS JOIN OVER 17,500 RUNNERS ON THE STREETS OF BELFAST AS THEY TAKE ON THE BELFAST CITY MARATHON. THE RACE STARTS AT BELFAST CITY HALL AND FOLLOWS THE USUAL ROUTE THROUGH THE NORTH, SOUTH, EAST AND WEST OF THE CITY ENDING UP AT ORMEAU PARK.

IF YOU FEEL THE 26 MILES IS TOO MUCH, YOU HAVE CAN GET A MACS TEAM TOGETHER AND DO THE TEAM RELAY OR YOU CAN SIGN UP FOR THE 8 MILE WALK OR THE 3 MILE FUN RUN.

**MONDAY MAY 2ND 2016 START TIME 9 AM
REGISTRATION FEE £35.00**

FUNDRAISING TARGET: THERE IS NO SET SPONSORSHIP TARGET, WE SIMPLY ASK YOU TO RAISE AS MUCH SPONSORSHIP AS YOU CAN. EVERY PENNY YOU RAISE WILL HELP CHILDREN AND YOUNG PEOPLE IN NORTHERN IRELAND WHO ARE HOMELESS, HAVE HOUSING PROBLEMS OR HAVE MENTAL HEALTH ISSUES.

**SO LET'S GET THE RUNNING SHOES ON FOR MACS!
CONTACT MADELINE DONNELLY AT 0289033163
/07720822605 FOR MORE DETAILS.**

www.macsni.org

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MACS
SUPPORTING CHILDREN & YOUNG PEOPLE