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**LIFE IS
GR8**

FOR YOUNG PEOPLE
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MA**S**

SUPPORTING YOUNG PEOPLE

SUPPORT



WHO CAN GET SUPPORT?

- > Young people who haven't had a fair deal aged 16-25
- > Young people leaving care 16-21 (Housing)
- > Support lasts up to two years

WHAT KIND OF SUPPORT CAN I GET?

- > 1-1 work and group activities
- > We can support you across 10 broad areas covering wellbeing, practical issues and skill development

HELPING YOU FIND AND KEEP ACCOMMODATION

Setting up a home, budgeting,
benefits, being part of your
community, making friends,
sorting out problems,
supporting YOU.

FLOATING

BUILDING FUTURES TOGETHER



SUPPORTED LIVING WHEN YOU LEAVE CARE 16-21

A step between care and your own tenancy, taking on more responsibility, getting used to living in your own space, being a good neighbour, skill development, training, education and employment opportunities, a self contained flat and staff around 24/7.

HOUSING

MOVE IN TO MOVE ON



SPEND TIME WITH A VOLUNTEER TO GET OUT AND ABOUT

Pick your own volunteer,
try something new, feel
better about yourself, be
more confident, make
new friends, have a laugh

MENTORING

DARE TO DREAM



FEELING STRESSED, UNDER PRESSURE, LONELY OR ISOLATED. FEEL LIKE THERE IS NO WAY OUT?

Through Mentoring or Floating Support we can help you work it out; taking the time to get to know you & sticking by you, accepting you for who you are, making sure you get the right support, offering emotional & practical support, linking you into therapy & counselling.

WELLBEING



**WE WANT
TO HEAR
WHAT YOU
THINK & DO
SOMETHING
ABOUT IT**

PARTICIPATE





SUPPORTING YOUNG PEOPLE

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