



### **Our Vision**

**Life is great for children and Children and Young people**

### **Our Mission**

**Provide a range of support services for children and Children and Young people who have not had a fair deal in relation to housing, homelessness, mental health and participation**

### **Our Ethos**

**We need each other to make life work**

### **Our Values**

**We make our own choices**


**We take risks**

**We make mistakes and learn**

**We recognise our differences and challenge judgments**

# MACS WELLBEING SUPPORT SERVICE

## JOB DETAILS

<b>Job Title:</b>	Wellbeing Worker
<b>Funding:</b>	Funded by Big Lottery Fund  NATIONAL LOTTERY FUNDED
<b>Conditions:</b>	Full Time Fixed Term contract until Nov 2021
<b>Responsible to:</b>	Wellbeing Development Manager
<b>Location:</b>	303 Ormeau Road, Belfast, BT7 3GG
<b>Hours of Employment:</b>	Full Time: 35 hours per week to include evenings and weekends.
<b>Holidays:</b>	30 days per annum
<b>Salary:</b>	£21,388 per annum and pension at 4% of salary
<b>Reference:</b>	WELLW/0118

**It will be a requirement of this post to be registered with the Northern Ireland Care Council (NISCC).**

## **JOB DESCRIPTION / PERSON SPECIFICATION**

### **ROLE OVERVIEW**

MACS Wellbeing Support Service provides mental health support and mentoring to children and young people aged 11-25. Wellbeing workers support children and young people who experience low mood, suicidal ideation and self-harm to build resilience, increasing coping strategies and develop support networks. Children and young people will receive individualized support based on support planning, ongoing review and keeping safe where appropriate. Support is also provided through use of volunteer mentors and group work. Children and young people can access the service for up to a year.

### **CORE DUTIES AND RESPONSIBILITIES**

- To develop purposeful and nurturing relationships with children and young people
- Support the Volunteer Co-ordinator to recruit, train and support volunteers
- Adhere to Child Protection, Vulnerable Adult and Lone Worker policies to safeguard children, young people, volunteers and staff.
- To provide holistic support (on a one to one and group basis) to all children and young people accessing the service
- To ensure that children and young people's ideas, thoughts and feedback are recorded, responded to and actioned. Feedback to line management or relevant subgroups where appropriate
- To provide 1 to 1 and group support to children and young people ensuring this is underpinned by MACS ethos and value base
- To identify support plans in partnership with children and young people and other relevant partners

- To work in partnership with referrers, stakeholders and key agencies to ensure provision of comprehensive support to children and young people
- To provide emotional and mental health support for children and young people in conjunction with their support plans
- Support children, young people and volunteers to set and achieve goals during their match
- Conduct match meetings, reviews and moving on meetings with children, young people and volunteers
- Provide support for volunteers including weekly phone contact, monthly one to one supervision and bimonthly group support nights.
- To work effectively and creatively with keeping safe/safe guarding, being mindful of MACS ethos and value base when responding to and working with risk
- To carry out quarterly reviews in partnership with children and young people and relevant partners
- Comprehensively plan (with children and young people and key agencies) move on from the Service
- To maintain clear, children and young people friendly, written and verbal communication with referrers, stakeholders and relevant external agencies and services
- To maintain an accurate and up to date record of support provided to Children and Young people
- To ensure quality standards are maintained and improved upon (CLEAR, Mentoring and Befriending foundation, Investors in Volunteers and MACS internal reviews)
- To work to targets as identified in your Balanced Scorecard
- To complete the competency framework in conjunction with your line manager within the first 9 months of employment

- To meet with the manager for monthly supervision
- To engage in completion of annual training needs analysis and attend relevant training
- To develop new, innovative and alternative approaches to working with children and young people
- To encourage children and young people to participate in reviews, MACS shadow board and forums
- To ensure children and young people are aware of and have access to other MACS Services
- To identify sources of funding to meet the needs of children and young people, i.e. charitable, DHSS, grants etc.
- To attend team meetings, organisational meetings and service days
- To pro-actively engage in Service development and raising the profile of Service
- To pro-actively engage in organisational subgroups, activities and events for e.g. planning of Oscars, Org Day out, Health and Wellbeing Group and Culture Group
- To work in accordance with MACS policies and procedures
- Promote team cohesion and development through reflective practice (Gibbs Model), innovative thinking, transparent communication and solution focused approach
- Contribute to the organisational strategic direction through annual team objectives
- Undertake any other duties as required

## **PERSONAL REQUIREMENTS**

- The ability to build personable, purposeful and transparent relationships with children and young people.
- The commitment to work in accordance with MACS ethos and value base.
- The ability to communicate effectively to a wide range of people, including children and young people, verbally and in writing.
- The willingness to accept direction and supervision.
- The ability to reflect on practice, identify learning needs and take responsibility for continued professional development (with line management support).
- The willingness to work flexibly to respond to the needs of children and young people
- The ability to maintain a comprehensive and up to date written record of work undertaken.
- To have the commitment to undertake relevant training.
- The ability to deliver and facilitate group work and training.
- To be resilient and compassionate in a challenging environment
- To have good time keeping, time management skills and organisational skills.
- The ability to work on own initiative, as part of a team and within the Organisation.
- To represent the organisation in a professional manner.
- To bring enthusiasm and commitment to MACS.

## PERSON SPECIFICATION

<b>SKILLS AND KNOWLEDGE REQUIRED BY POST HOLDER</b>	
<b>CRITERIA 1</b>	
2 years experience of working with Children and Young people aged 11-25 who have experienced mental ill health <b>Or</b> Degree in Social Work, Youth and Community Work or similar 1 years experience of working with Children and Young people aged 11-25 who have experienced mental ill health	<b>ESSENTIAL</b>
<b>CRITERIA 2</b>	
Experience of successfully liaising with a variety of agencies	<b>ESSENTIAL</b>
Experience of recruiting, training and supporting volunteers	<b>DESIRABLE</b>
<b>CRITERIA 3</b>	
Ability to offer support to Children, Young people and Volunteers to set and achieve goals to improve mental health	<b>ESSENTIAL</b>
Ability to offer tailored group work for Children and Young people to meet their needs	<b>DESIRABLE</b>
<b>CRITERIA 4</b>	
Can develop own approach to practice based on reflection and feedback	<b>ESSENTIAL</b>
To be resilient and compassionate in a challenging environment	<b>ESSENTIAL</b>
<b>CRITERIA 5</b>	
A full current driving licence and access to a car is required so as to be able to meet the requirements of the post in full. This criteria may be waived, if a disability prohibits driving. However, you must demonstrate how you would meet the mobility requirements of this post.	<b>ESSENTIAL</b>